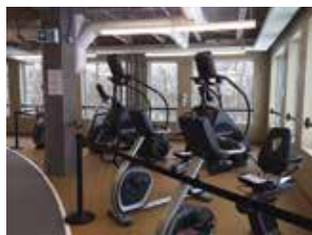




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 For more information visit [www.dakotacc.com](http://www.dakotacc.com)  
 This publication has been produced  
 by Jae Media. Project Manager: Lori Kemp



## Questions?

**General Information & Weight Room**  
 Phone: (204) 254-1010  
[info@dakotacc.com](mailto:info@dakotacc.com)

**Basketball**  
 Brent Amos  
 Phone: (204) 256-9933  
[basketball@dakotacc.com](mailto:basketball@dakotacc.com)

**Baseball**  
 Randy Anderson  
 Phone: (204) 254-1010 ext.212  
[baseball@dakotacc.com](mailto:baseball@dakotacc.com)

**Soccer**  
 Pram Tappia  
 Phone: (204) 254-2868  
[soccer@dakotacc.com](mailto:soccer@dakotacc.com)

**Mini-Soccer**  
 Jared Neufeld  
 Phone: (204) 254-1010 ext. 215  
[jared@dakotacc.com](mailto:jared@dakotacc.com)

**Softball**  
 Moe Berard  
 Phone: (204) 223-1984  
[softball@dakotacc.com](mailto:softball@dakotacc.com)

**Adult Hockey Leagues**  
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 Phone: (204) 254-1010 ext. 201  
[anthony@dakotacc.com](mailto:anthony@dakotacc.com)

**Hockey Development (Camps)**  
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[jpvigier@dakotacc.com](mailto:jpvigier@dakotacc.com)

**Fitness & Yoga/Fieldhouse Track**  
 Jared Neufeld  
 Phone: (204) 254-1010 ext. 215  
[jared@dakotacc.com](mailto:jared@dakotacc.com)

**Nursery School**  
 Loraine Purdey  
 Phone: (204) 256-4748  
[dakotanurseryschool@dakotacc.com](mailto:dakotanurseryschool@dakotacc.com)

**Older Adults & Volunteers  
 Seniors Resource Finder**  
 Melissa Larter  
 Phone: (204) 254-1010 ext. 217  
[melissal@dakotacc.com](mailto:melissal@dakotacc.com)  
[seniorresources@dakotacc.com](mailto:seniorresources@dakotacc.com)

## SPRING/SUMMER YOUTH SPORT REGISTRATION

**\*BASEBALL \*SOCCER \*SOFTBALL**  
 Register online at [www.dakotacc.com](http://www.dakotacc.com) between THURSDAY,  
 MARCH 1 & FRIDAY, MARCH 16

**\*MINI SOCCER**  
 Register online at [www.dakotacc.com](http://www.dakotacc.com) between THURSDAY,  
 MARCH 1 & SUNDAY, MARCH 31

**\*BASKETBALL**  
 Registration for basketball will be through Winnipeg Minor Basketball  
 Association at [www.wmba.ca](http://www.wmba.ca)  
 Check the WMBA website for registration dates  
 (not available to DCC at time of printing)  
 Visit our website for more information on the above youth sport opportunities  
 and registration details or contact one of the individuals listed on the left if you  
 have questions.  
*\*late fees may apply to registrations received after closing dates.*

- Fitness & Yoga • Seniors Programs • Dakota Nursery School
- Fieldhouse Track • Adult Hockey League • Summer Hockey Camps
- Weight Room

Register for all other programs, passes or activities at Dakota CC anytime  
 through our website, in person or by calling the contact listed.



## Board of Directors

**Mark Antunes, Chair**  
mantunes@gmail.com

**Chantal Sturk-Nadeau, Vice-Chair**  
Chantal.Sturk-Nadeau@businessseventscanada.ca

**Darren Neufeld, Secretary/Treasurer**  
darren\_neufeld@transx.com

**Christopher Chapman, Member Accountable for Sports Programs**  
Chapper55@shaw.ca

**Elliot Cameron**  
elliott\_cameron@yahoo.ca

**Victoria Cornick**  
vcornick@gmail.com

**Elaine Hunnie**  
ehunnie@shaw.ca

**Tim Smith**  
timsmithrx@yahoo.ca

**Tom Thiessen, Past-Chair**  
tom@bomamanitoba.ca

**Teresa Toutant**  
toutantpt@gmail.com



## Message from the Board Chair

I hope you and your family had a wonderful holiday season! I would like to start by introducing myself as the new Board Chair of the Dakota Community Centre. My wife and I have lived in the community for 13 years and we have two wonderful kids who are 6 and 8. Our entire family have used the facilities at Dakota extensively for years and I am pleased to have the privilege to give back to the community by serving on the Board.

*“With the landmark opening of our new Fieldhouse, Dakota’s reach and positive impact on our community has increased beyond expectations.”*

2017 was our 30th year as a community centre and it was truly one to remember. With the landmark opening of our new Fieldhouse, Dakota’s reach and positive impact on our community has increased beyond expectations. The Fieldhouse is a vibrant 60,000 sq. ft. facility that is used by all members of our community for sports and activities like basketball,

volleyball, Pickleball, badminton, yoga and, of course, our very popular 200 meter, 3-lane track.

But we’re not done yet!

We are very excited that the construction of our new state-of-the-art outdoor ice rink will begin this spring and is expected to be completed in time for next winter. Throughout 2018, our Board and the Staff at Dakota will continue to plan for future capital projects and events which promote our goals of improving the health and wellness for all members of our community and, fulfill our mission of being **a gathering place providing excellence in sport and recreation for everyone.**

I would like to thank Michele, the management team, all of the staff, my fellow board members and all of our volunteers for their extremely hard work in 2017 and for making Dakota CC the best community centre in Winnipeg!

Lastly, I want to conclude by acknowledging our Past Chair, Tom Thiessen, who has been a member of the Dakota Board since 2010 and served as Board President/Chair since 2014. Tom has left his mark on Dakota Community Centre and has had several major accomplishments over his time on the Board. From rewriting the governance by-laws, to bringing in a CEO, to initiating Dakota’s Site Master Plan and Fieldhouse project, Tom’s legacy and impact on Dakota and the community cannot be overstated. Thank you Tom for your many years of leadership and hard work and we look forward to your continued involvement in the success of our Centre.

**Mark Antunes**  
Board Chair

## Message from the Chief Executive Officer

With spring soon to arrive, we have so much to look forward to and so much to celebrate at Dakota CC. The opening of our new Fieldhouse has forever changed the landscape of our beloved community centre. And what a positive change it has been!

The official Grand Opening of the **Dakota Fieldhouse** on October 12th was a true celebration of the many years of planning

and work that went into this much-anticipated expansion and, we were thrilled to have so many of our community supporters and elected officials in attendance to acknowledge this amazing feat. The community Open House that followed saw more than 1200 people come through our doors that afternoon and evening to ‘take a peak’ inside and marvel at the incredible facility.

Since that day, more than 1100 people have signed up to utilize the track facilities and thousands of youth, adult and senior athletes have had an opportunity to experience what this brand new facility has to offer. And the feedback from all has been simply amazing! If you haven’t had a chance to see or experience the new Fieldhouse yet, please feel free to drop by anytime and our staff or volunteer ambassadors will show you around.

And there’s more to come...construction on the new **Jumpstart Community Rink** will get underway later this spring. The new rink will be fully accessible for para-ice sports and also be configured to include beach volleyball courts, to fully utilize the new facility in various seasons. Our sincere thanks to Canadian Tire Jumpstart and our other funding partners for helping to bring this new facility to our community!

Our 2017 AGM in November saw the election of a new Board for 2017/18 and I want to sincerely thank all those who have stepped up to contribute their valuable time to guide our community centre for the coming year. With the election of new Officer’s for 2017/18, please join me in welcoming Mark Antunes as our new Board Chair, Chantal Sturk-Nadeau, Vice Chair and Darren Neufeld as Treasurer.

I also want to acknowledge the work of our Past-Chair Mr. Tom Thiessen, who has been a true visionary, leading Dakota CC’s Board as President/Chair since 2014. Dakota CC has benefited greatly from Tom’s unwavering dedication and for ensuring the Centre was well-positioned to take on its new leadership role among community centres in Winnipeg. Congratulations Tom and thank you for a job well done!

Our Dakota Futures Campaign continues to raise funds to help support our recent expansion and the future growth and enhancements of our facilities and on our campus. It is only with the help and support of all of you that we can truly embody the important role we play in this community. I want to sincerely thank each of you who have supported our Centre for today and for our very bright future!

Spring registration for soccer, mini soccer, baseball, softball and basketball begins March 1 and there is so much more happening at your community centre. I hope you find all that you need to get involved in Dakota Community Centre in this issue of our spring magazine or at [www.dakotacc.com](http://www.dakotacc.com)

**Michele A. Augert**  
CEO  
michele@dakotacc.com  
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## Dakota Futures Capital Campaign Cabinet

Our campaign cabinet is supported by dedicated members of the community who believe that in building possibilities, we can continue to transform lives. This group of people have volunteered countless hours to bring Dakota up to the point that it is and have committed to continue their involvement.

**Jonathan Toews**  
Honorary Campaign Chair

**Sue Barkman**  
Campaign Chair

**Deneen Bertschinger**  
Community Member

**Rico Bertschinger**  
Community Member

**Judith Chambers**  
Vice President & Market Manager,  
TD Wealth Private Client Group

**Markus Chambers**  
Manager, Employer Engagement,  
Manitoba Education & Training

**Dale Driedger**  
President & Co-Founder,  
Pinnacle Staffing Solutions

**Andree Gilbert**  
Jonathan Toews Foundation

**Bryan Toews**  
Jonathan Toews Foundation

**Rob Hobday**  
Vice President & Senior  
Investment Counsellor, BMO  
Private Investment Counsel Inc.

**Blair McCaulay**  
Analyst, Montrose Winnipeg

**Jeff Shypit**  
Attorney,  
Robertson Shypit Soble Wood

**Chantal Stark-Nadeau**  
Executive Director,  
Business Events Canada

**Tom Thiessen**  
Executive Director, BOMA Manitoba

## Community Support Bringing Dakota's Future to Life

The impact of community support can be seen all around Dakota Community Centre these days. The court level of the new Dakota Fieldhouse is a flurry of activity, the elevated track is filled every day with people committed to a healthy lifestyle, and with your help construction is set to begin this Spring on the new outdoor Jumpstart Community Rink.

All these accomplishments will mean so much to the Dakota community, and it's only made possible through the generous support of individuals, organizations and government who continue to show they believe in our vision. For our kids – and for our community – that's what teamwork can do.

**Please, pledge your support to the Dakota Futures Campaign today!**



### Yes! I want to support the Dakota Futures Campaign

I prefer to make a one-time gift of :

\$15  \$25  \$35  \$50  \$100  \$500  Other

I would rather make a pledge right now and speak to someone about a pledge payment schedule that suits my budget and timeframe. I am thinking of a pledge of:

\$500 over 5 years  \$1000 over 5 years  
 \$2500 over 5 years  \$5000 over 5 years

My company is interested in a sponsorship opportunity. Please contact me with more detail.

I am interested in speaking to someone on the Cabinet about a planned or future gift through my company or small business.

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## Vigier Hockey Spring Line Up

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L - R Brian Mayes, Tom Thiessen, Janice Lukes, Rochelle Squires, Mayor Bowman, André Gilbert, Bryan Toews, Wayne Hiltz, Michele Augert”

## Dakota CC News

### FIELDHOUSE OPENS WITH MUCH FANFARE & AWE!

At a public ceremony attended by hundreds on October 12, the Dakota Community Centre officially opened its doors to a new \$20.5 million dollar Fieldhouse. Adjacent to the Jonathan Toews Sportsplex, the new Fieldhouse has added 60,000 square feet of exceptional sport, recreation & multi-use space to the Dakota Community Centre campus.

Built with a focus on accessibility for all, the Fieldhouse includes 30,000 sq. ft. of premium hardwood floor surface gymnasium, with 9 meter ceiling clearance to accommodate a multitude of sport and recreation activities and abilities. Overlaid court lines and divider curtains all for a multitude of sport and

space configurations, including 3 full size basketball, 6 full size volleyball or 12 badminton/pickleball courts at one time.

The new Fieldhouse also includes a mezzanine level, which houses a 3 lane 200 meter premium surface track, and areas with cardio/fitness equipment and free weights. The track level is accessible through purchase of a variety of pass options or, through a one-time drop in fee.

City of Winnipeg Mayor Brian Bowman, Riel MLA Hon. Rochelle Squires, Councilors Janice Lukes & Brian Mayes, André Gilbert & Bryan Toews (representing Jonathan Toews), and members of the Centre’s Board, Campaign Cabinet and Expansion Committee, were all on hand to join in the momentous celebration, where those involved were acknowledged and thanks for their efforts.

A Public Open House followed the official grand opening ceremony and

continued into the evening. More than 1200 people stopped by throughout the day to ‘take a peak’ inside and marvel at the incredible facility.

*“The new Fieldhouse also includes a mezzanine level, which houses a 3 lane 200 meter premium surface track, and areas with cardio/fitness equipment and free weights.”*

At the ceremony Tom Thiessen, Dakota CC’s Board Chair said, “for 30 years, Dakota Community Centre has been a part of the fabric of this community, and the new Fieldhouse will help us continue to carry out our mission to **be a gathering place providing excellence in sports and recreation for everyone**. Many thanks to our community leaders, government funders and donors, Jonathan Toews & his family, our Board & Expansion Committee, the Dakota Futures Capital Campaign Cabinet, Dakota CC staff and all of our supporters for helping to make the Dakota Fieldhouse a reality.”

The new Fieldhouse will be a lasting legacy and source of pride for the south St. Vital community, not only as a place for the community to play and gather, but also as host to numerous local, national and international sport and recreation events for years to come.

For more information on the Dakota Fieldhouse see [dakotacc.com](http://dakotacc.com)



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## Fitness & Yoga

Get in shape, have fun, and make new friends this spring and summer with Dakota Fitness & Yoga! There are several pass options to choose from to suit your schedule and budget. Classes are offered on a session basis (winter, spring, summer & fall) and include Yoga, Cardio, Strength Training, Zumba and more. All Yoga classes are now conducted in our new Studio in the Fieldhouse. Cardio, Strength Training & Zumba remain in the Sportsplex Gymnasium. All fitness levels and beginners are welcome!

- Reduced rates for Seniors 60+
- NEW evening classes
- The first class is FREE for first time members

**Fitness & Yoga Sessions are as follows:**

- Winter Session – January 8 – March 30, 2018

- Spring Session – April 9 – June 29, 2018 (tentative)
- Summer Session – July 9 – September 14, 2018 (tentative)
- Fall Session – September 24 – December 14, 2018 (tentative)

### Price List for Dakota Fitness & Yoga (age 60+)

Drop In - \$8  
 5 Class Pass - \$35  
 10 Class Pass - \$60  
 20 Class Pass - \$100  
 30 Class Pass - \$135  
 40 Class Pass - \$150  
 Unlimited Session Classes - \$180

### Price List for Dakota Fitness & Yoga (age 16-59)

Drop In - \$10  
 5 Class Pass - \$45  
 10 Class Pass - \$85  
 20 Class Pass - \$145  
 30 Class Pass - \$180  
 40 Class Pass - \$200  
 Unlimited Session Classes - \$220

Please note; passes are valid for current session only and expire at the end of each session.

### Questions?

Contact Jared Neufeld (204) 254-1010 ext. 215 or email [jared@dakotacc.com](mailto:jared@dakotacc.com)

For complete schedule of Fitness & Yoga classes, please see our website [Dakotacc.com](http://Dakotacc.com)

## NEW Jumpstart Community Rink coming soon!

In early December, Dakota CC & Canadian Tire Jumpstart charities announced that construction on a new outdoor rink will get underway later this spring.

The new rink is being given a huge boost by Canadian Tire Jumpstart Charities grant of \$250,000. The grant is part of Jumpstart's *Play Will Find A Way* initiative that helps to build accessible play spaces for communities in Canada.

The new rink will be placed within the forest, directly behind the new Fieldhouse and will be built with full accessibility features to accommodate sledge and all para-related ice sports. The current link between the Sportsplex and the Fieldhouse will be modified to provide access and a warming area for the new rink. The rink will be a year-round recreation venue on our site featuring ice sports and leisure use in winter, as well as beach volleyball during the warmer seasons.

Other funding partners are also coming forward to support this important project and the Dakota Futures Campaign continues to work hard to ensure all the necessary funds are in place to ensure this project's success.





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## Pickleball

Dakota's Pickleball program plays in the Fieldhouse Monday to Friday from 8 am – Noon.

You can sign up for Pickleball on-line or in person. You don't need to be on a team to play, just show up during the times indicated above and you will be fitted into a game based on your level of play, i.e. beginner, intermediate and advanced. You will need to purchase a Pickleball Club Membership for \$15/ year to come during this time to play on a consistent basis or pay the drop in fee per visit. Rackets are available in the office for your use.

### Price List for Pickleball

Drop in is \$5 (membership is not required) we encourage you to come out and give it a try!  
3 month passes are available for \$50 (plus the annual membership fee of \$15)

Questions? Contact Jared Neufeld (204) 254-1010 ext. 215 or email [jared@dakotacc.com](mailto:jared@dakotacc.com)

## Track & Weight Room Access Passes

Put your best foot forward with our customizable pass purchase options at Dakota Community Centre! You can purchase just a track or weightroom pass or you can purchase a combined pass that provides access to both facilities.



With your **track access pass**, the following fitness equipment located up on the track level of the Fieldhouse are also included:

- Elliptical Machines
- Recumbent & Upright Bikes
- Free Weights
- Exercise Mats
- Stair Climbers

**Track Hours of Operation Monday – Friday (6 am – 11 pm) Saturday & Sunday (6 am – 10 pm)**

With your **weightroom access pass**, you receive unlimited usage of the weightroom in the lower level of the Jonathan Toews Sportsplex that is fully equipped with a full complement of free weights, resistance equipment and cardio machines (including 2 treadmills).

**Weightroom Hours of Operation: Monday – Sunday (6 am – 11 pm)**

The following price list is for adult & senior rates, *for child & youth rates please visit our website.*

### Adult Price List (age 19-59)

1 month track \$30  
1 month weightroom \$40  
combined track & weightroom \$65  
3 month track \$60  
3 month weightroom \$100  
combined track & weightroom \$155  
6 month track \$100  
6 month weightroom \$160  
combined track & weightroom \$245  
12 month track \$160  
12 month weightroom \$250  
combined track & weightroom \$390

### Senior Price List (age 60+)

1 month track \$25  
1 month weightroom \$40  
combined track & weightroom \$60  
3 month track \$45  
3 month weightroom \$100  
combined track & weightroom \$140  
6 month track \$65  
6 month weightroom \$160



combined track & weightroom \$220  
12 month track \$120  
12 month weightroom \$250  
combined track & weightroom \$350

*\*a reusable access card/fob purchase fee is also required for all pass holders*



## Adult Hockey League

### Spring League:

- League runs from April 20 to June 30, 2018
- 13 games guaranteed (12 regular season, min 1 playoff)
- All games at Dakota CC, no long weekend games, balanced schedule
- Regular re-alignment of divisions to keep league balanced and competitive
- Fees: \$2,600 per team (tax included)

### Summer League:

- League runs from July 1 to September 19, 2018
- 17 games guaranteed (16 regular season and 1 playoff)
- All games at Dakota CC, No Fri/Sat games.
- Games are between Sunday evenings and Thursdays. (No Sunday games on long weekends)
- Regular division re-alignment
- Fees: \$3,150 per team (tax included)

For Adult Hockey League information or to register, contact Anthony Knapp, [anthony@dakotacc.com](mailto:anthony@dakotacc.com)

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# Dakota Seniors

## ENHANCING THE LIVES OF OLDER ADULTS

Dakota Seniors offers an inclusive gathering place with exceptional weekly programs.

Our goal is to increase the ability for older adults to remain active in their community while building connections between sport, recreation and health.

Through the Senior Resource Finder, we strive to provide an opportunity for older adults to become more aware of the resources in their community.

For more information, please contact the Older Adult Program Coordinator at 204-254-1010 ext 217

## HERE'S WHAT'S HAPPENING AT DAKOTA SENIORS!

All participants must have a valid membership of \$15.00/year.

In addition, you will be charged a small activity fee per session.

You can purchase a \$30 Activity Pass for 10 activities or pay the following drop in fee per activity visit:

**Monday**  
12:30 to 3:30 Cribbage - Drop in \$3.00

**Tuesday**  
9:30, 11:30 & 1:30 Floor Curling – Regular Teams  
Upper level - Drop in \$4.00



For more information, contact Linda 204-253-5108  
10:00 to 11:30 Line Dancing - Drop in \$4.00

**Wednesday**  
12:30 to 3:30 Whist - Drop in \$3.00

**Thursday**  
9:30, 11:00, 12:30 & 2:00 Floor Shuffle Upper Level - Drop in \$4.00

For more information, contact Val 204-256-3342

## Volunteer Report

Dakota Community Centre celebrates our volunteers and all of their contributions!

With the 95,000 square foot Johnathan Toews Sportsplex and the new 60,000 square foot Fieldhouse, there is no shortage of volunteer opportunities at Dakota Community Centre.

Last year was an exciting time for our volunteer program, we welcomed a number of new volunteer positions in the new Dakota Fieldhouse. Our volunteers were recognized for their commitment to Dakota Community Centre. Judy Bergen was the 2017 Above and Beyond

Award Winner and Ron Klippenstein was celebrated as a Manitoba Moose Community Playmaker.

We appreciate and value all our current and past volunteers. Thank you for donating your time!

Visit our website for a list of our current volunteer opportunities!

## Apply Now for 2018 Dakota CC Scholarship

Dakota CC offers up to three, \$500 Scholarships annually to qualified youth who have demonstrated a strong commitment to the Community Centre. Apply by March 31, 2018. Please visit our website to view the eligibility requirements & required documentation.

## Sportsplex Facility & Ice Rentals

For birthday parties, meetings, socials and special events, please contact Susan Southern at (204) 254-1010 ext. 210 or email [susan@dakotacc.com](mailto:susan@dakotacc.com) for the following:

- The Great Hall accommodates 374 people
- The Gym accommodates 349 people
- Meeting Rooms accommodate approximately 30 people
- Ice Rental is available

## Fieldhouse Court Rentals

To book court space for teams, tournaments etc. contact Randy Anderson at (204) 254-1010 ext. 212 or email [randy@dakotacc.com](mailto:randy@dakotacc.com). The main floor Fieldhouse gymnasium space can accommodate:

- 3 feature or 6 cross court volleyball courts
- 3 FIBA regulation basketball courts
- 12 Badminton courts
- 12 Pickleball courts

## 2018 Christmas Craft Sale

November 3 & 4 Mark your Calendars!

For more information, or to apply to be a vendor, please contact Colleen Mahon at [Colleen@dakotacc.com](mailto:Colleen@dakotacc.com)



## Mini Soccer for Ages 4-8

Mini soccer is a great first introduction to organized youth sport and your community centre!

Children can be registered for Mini Soccer at Dakota CC as young as 4 years old and are eligible to play until they are 8 years old.

Mini soccer gives children ages 4 – 8 years the opportunity to be active, make friends, gain confidence, all while having fun outdoors!

Register your child online at [www.dakotacc.com](http://www.dakotacc.com) during the spring sport registration period between March 1 until March 30 to ensure they're ready when the season begins!

For questions, contact Program Coordinator Jared Neufeld at (204) 254-1010 ext. 215 or [jared@dakotacc.com](mailto:jared@dakotacc.com)

## Dakota Nursery School

**Now accepting Registrations for children born in 2014 & 2015, for classes starting September 2018**

Dakota CC's Nursery School program promotes the overall development of students through discovery of ourselves and the environment we live and play in. Physical and social development is emphasized during free play. Many different play centres including sand play, water play, home living, manipulating puzzles, blocks, construction and many art activities are available for the students. Emotional and intellectual development is stimulated through teacher directed activities which are designed to teach many preschool skills.

Please contact Loraine Purdey (Director) at (204) 256-4748 or email [dakotanurseryschool@dakotacc.com](mailto:dakotanurseryschool@dakotacc.com) for more details. Visit [www.dakotacc.com](http://www.dakotacc.com) for class schedules, times and more information.

## Full House for Annual Breakfast with Santa!

On Saturday, December 9th, Dakota CC's Jonathan Toews Sportsplex gymnasium was full of festive fun as the sold out annual Breakfast with Santa 'came to town' for another year. More than 300 attendees and volunteers filled the room, taking in the delicious breakfast and treats, as well as a multitude of activities and entertainment, including a special visit with Santa & Mrs. Claus.

**A HUGE thank you to our sponsors, volunteers and staff who made this event possible!**

**Sponsors:**  
Gold Sponsors: Elite Communications, Pinnacle, Dakota Ringette  
Silver Sponsors: Crosier Kilgour & Partners Ltd., ft3, Entegra Credit Union, RBC, Councillor Janice Lukes, Sobey's, Sysco  
Bronze Sponsors: Gourmet Coffee, Caisse Financial Group, Home Run Sports, Hon. Rochelle Squires MLA for Riel, Councillor Brian Mayes, Janice Morley-Lecomte MLA for Seine River

## Dakota's Summer 2018 Hockey Camps

These co-ed week long camps will focus on Proper Power Skating, Stickhandling



**Janice Morley-Lecomte**  
MLA for Seine River  
204-945-8407  
[Janice.Morley-Lecomte@leg.gov.mb.ca](mailto:Janice.Morley-Lecomte@leg.gov.mb.ca)

and Shooting. Come have fun and build confidence as you prepare for the upcoming season. Daily dryland session to work on the ABC's of athlete development: agility, balance and coordination. Daily instructional videos. Other parts of the day will include nutrition and/or active rest and recovery session to complete the day. Come by yourself or bring a group all are going to have fun. Don't wait as it will fill up fast.

## Aug 20-24th Camp

**Only one group: 8-11year olds**

- Choose 1 week or combine both weeks (10 days) for a discount price
- Full Day Camps – Approx. 8:30am – 4:30pm- 2 ice sessions per day (1hr per session)
- Dryland, instructional video, games included each day
- Free Jersey
- Price: \$450 / 1 week or \$840 for both weeks (GST Included)

## Aug 27th-31st Camp

**Group 1: 7-9 year olds**  
**Group 2: 10-12 year olds**

- Full Day Camps – Approx. 8:30am – 4:30pm- 2 ice sessions per day (1hr per session)
- Dryland, instructional video, games included each day
- Free Jersey
- Price: \$450 / 1 week or \$840 for both weeks (GST Included)

Go to [www.Dakotacc.com](http://www.Dakotacc.com) to register or for more information  
Email: [jpvigier@dakotacc.com](mailto:jpvigier@dakotacc.com)

## What is a Senior Resource Finder?

Dakota Community Centre is home to the Senior Resource Finder for the St. Boniface and St. Vital area. The Senior Resource Finder (SRF) helps link older adults 55+ to community supports, programs, and services within their community. Some of the services provided are E.R.I.K. (Emergency Response Information Kit), transportation referrals, and networking and community outreach.

Melissa Larter, SRF and Program Coordinator for Older Adults & Volunteers at Dakota Community Centre partners with various health, social services, and community sectors to assist with promoting health and well-being of older adults in this area.

Are you a senior or know a senior who may benefit from her support services?  
Call Melissa Larter at 204-254-ext 217 or email [melissal@dakotacc.com](mailto:melissal@dakotacc.com)

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