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Go to www.vigierhockey.com to register



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Dakota Community Centre Inc.
1188 Dakota Street, Winnipeg, MB R2N 3H4
Tel: (204) 254-1010 Web: www.dakotacc.com

For more information and a complete list of Board of Directors, visit www.dakotacc.com

This publication has been produced by Write It Right. Project Manager: Lori Kemp



It's Time to Register for Spring/Summer Sports at Dakota Community Centre!

On Line Registration Opens March 1, 2016

Registration for spring/summer sports programs will be online again this season starting Tuesday, March 1, for the following programs:

- Baseball • Softball • Full-field Soccer • Mini Soccer • Basketball

Please go to www.dakotacc.com to register or for more information. We encourage everyone from our community to try out a favourite sport this spring! Contact anyone of our Sport Directors for more information!

Dakota Baseball – Luc Jubinville
baseball@dakotacc.com

Dakota Softball – Moe Berard
softball@dakotacc.com

Dakota Soccer – Pram Tappia
soccer@dakotacc.com

Dakota Mini Soccer – Melissa Van Soelen
melissa@dakotacc.com

Dakota Basketball – Brent Amos
basketball@dakota.com

VP Summer Sports – Dionne Deer
Dionne.deer@lrsd.net



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Message from the Board President

Thank you for taking the time to read our first newsletter of 2016. We're excited to tell you about the many great things happening at Dakota, and hope you enjoy this new and improved format.

If you're a frequent visitor to the Jonathan Toews Sportsplex, or even if you just stop by occasionally, you've no doubt witnessed that the building is a hub of activity more often than not.

Our staff has been very busy developing and running programs and events, managing projects (big and small), and keeping the building and grounds in top shape. A huge THANK YOU to Dakota CEO Michele Augert and her entire team for the hard work they put in every day to make Dakota great.

Knowing that the club's day-to-day affairs are in solid hands, our board of directors has been able to turn its attention to the months and years ahead.

At the time of this writing, the Dakota board has completed a comprehensive strategic planning exercise – the first ever for our community centre. This undertaking and the resulting strategic plan has helped us to clearly articulate the club's values, refine our mission statement, and set achievable goals in an effort

to better serve the membership for many years to come.

And as part of this process, I'm pleased to say that our club will commit to an even greater level of community engagement. We want YOU involved at Dakota Community Centre! So we'll find ways to bring you here: as volunteers, coaches, attendees at our special events, participants in some of our many programs and offerings, just to name a few. Our club is not limited to one or two sports; it offers so much more than I could possibly squeeze into these paragraphs (as you'll see in the following pages). And fundamentally it is a gathering place for people of all ages and backgrounds. We want you to join us!

Finally, you've probably noticed that construction of our fieldhouse is finally underway. It's an exciting time to be a member of Dakota, and a hectic time too! We thank you in advance for your patience and understanding during this construction phase, and we'll do our best to ensure there's minimal disruption in delivering excellent programs and facilities for our community.

We look forward to serving you this year!

Tom Thiessen
Board President
tom@bomamanitoba.ca

Message from the Chief Executive Officer

My sincere thanks to everyone for the warm welcome and support I received, after joining Dakota Community Centre this past August.

It's been an exciting and productive six months moving forward with a number of immediate priorities, as well as getting acquainted with the hard-working and committed Board, staff and volunteers who ensure the success of this Community Centre!

Getting the Fieldhouse on its way was on the top of my list and, I'm sure many have now noticed the flurry of construction activity on the north side of the Jonathan Toews Sportsplex! We were very pleased to have so many of you join

us to at our Open House in October and, to officially kick-off the project's start at our Sod-Turning Ceremony in November. This exciting addition will offer something for everyone in our community and, I look forward to keeping you apprised as the Fieldhouse progresses.

As part of our effort to keep you informed, this newsletter is sent to over 10,000 homes in our catchment area each spring and fall, and we thank the community sponsors who help to make this possible. We also distribute a monthly Enews bulletin, designed to more regularly keep you up to date on happenings and programs available at Dakota. Visit our website to sign up to ensure you have the latest information in your inbox each month! Speaking of our website, a new website will be launched shortly, designed to better serve you when registering for programs or gathering information on programs and activities – please check us out at www.dakotacc.com!

With online registration for spring/summer sport programs beginning on March 1, I'd also like to encourage and welcome new people to try a sport or sign up to try something new at Dakota this spring!

It's been a genuine pleasure to speak with and learn from so many of you who share my passion for building a healthy, vibrant community through the success of this Centre. I look forward to engaging with many more of you in the coming months.

Michele Augert
Chief Executive Officer
michele@dakotacc.com
204-254-1010 ext. 204



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Construction Begins on New Fieldhouse at Dakota

The dream of a Fieldhouse at Dakota Community Centre is turning to reality. We're extremely happy to report that construction has begun on the 60,000 square foot addition, adjacent to the current Jonathan Toews Sportsplex!

So much has happened in the past few months leading us to this point. Following a well-attended community Open House in October, representatives from the Province, City of Winnipeg and Dakota participated in a Sod-Turning in November to mark the start of construction. Joining Board President Tom Thiessen and CEO Michele Augert with shovels and kind remarks were, Winnipeg Mayor Brian Bowman, Theresa Oswald, MLA for Seine River, Christine Melnyk, MLA for Riel, and City Councillor Brian Mayes (Councillor Janice Lukes was with us in spirit!). Many partners, supporters and friends from the community, along with staff, past and present Board members and volunteers, braved the chill and threat of rain to be there to witness this historic day for the Centre.

With the sod turned, Ft3 Architecture and Landscape Interior Designs are putting the final touches to the design details. A multi-purpose studio has also now been configured into the design to allow for dedicated space for yoga and other health & wellness activities.

Bird Construction arrived in December and, have since erected a fence encompassing the entire construction site. The permanent outdoor rinks have been demolished, and other site

preparation work and excavation are underway to prepare for construction piling in early March. A temporary outdoor rink was constructed on the northeast corner of the parking lot to preserve this well-loved winter pastime at our community centre.

Access for construction vehicles is being directed to the north side of the property, to provide a safer environment for the large numbers of individuals and students who access our campus via Dakota Street each day. We sincerely thank the residents of Rillwillow Place for their cooperation and patience throughout this construction phase.

While this is an exciting time for our community, we also recognize that construction can cause some disruptions. On behalf of the Dakota Community Centre Board and staff, we thank you in advance for your patience and understanding during this construction phase. We will do our best to ensure your safety and minimal disruption to the services and programs we provide, until the new Fieldhouse is complete in spring 2017.

For more information on the new Fieldhouse visit our website www.dakotacc.com

Optimal Training Academy

2016 SUMMER PERFORMANCE PROGRAM

Optimal Training Academy is one of the most specific and intense summer programs focusing on the primary components of athletic development. Our athletes build speed, agility, strength, power, and muscular endurance. Our coaches introduce the importance of nutrition and how to make lifestyle changes for the developing athlete. Training will be done with weights, which will allow young athletes to become familiar with Olympic lifts, in combination with plyometric and advanced training strategies.

DRYLAND TRAINING, MAY 9 – AUG 26

- 16 Weeks - \$1100.00 • 4 Week Blocks - \$275.00
- 2 Weeks - \$137.50 • 1 Week - \$70.00

ON ICE TRAINING JULY 5 – SEPT 1

- 18 On Ice Sessions - \$450.00 • Per Ice Time - \$30.00
- Combine the 16 week Dryland and 18 week Ice Training - \$1350.00 • Goalies - Contact

To register, visit www.dakotacc.com. Contact Terry Hadlow, Head Coach, at terry@dakotacc.com or visit our website for more details.



HOCKEY CAMPS

SPRING BREAK 2016

MARCH 29 – APRIL 2, 2016
8:30 AM - 4:30 PM

4 Fun-Filled Days!

- Group 1 (7-9 yrs)
- Group 2 (10-12 yrs)
- Camp is mixed female and male

\$325 (NO CAMP EASTER MONDAY)

Staying in Winnipeg for Spring Break? Looking for something fun, yet productive for the kids to do? Sign up for our Spring Break Hockey Day Camp. This camp is designed and directed by former NHLer J.P. Vigier and his team of instructors. Daily ice times will focus on power skating, shooting and passing.

ALL CAMPS IN THE



INCLUDES:

- Two, one hour ice sessions per day
- Dryland training
- Daily instructional video
- On Ice games included each day
- Free Jersey

Register Now!
www.dakotacc.com

SUMMER 2016

HALF-DAY HOCKEY CAMP

AUGUST 2 – 12
(11:30 AM - 5:30 PM)

GIRLS ONLY (7-11 YEARS) BOYS ONLY (7-11 YEARS)

Former NHLer J.P. Vigier will lead 9 days of half-day camps that will focus on Proper Power Skating, Stickhandling and Shooting. Come have fun and build confidence as you prepare for the upcoming season. **COST: \$540/9 DAYS**

FULL DAY HOCKEY CAMPS (MIXED)

AUGUST 15-19
AUGUST 22-26, AUGUST 29-SEPT 2

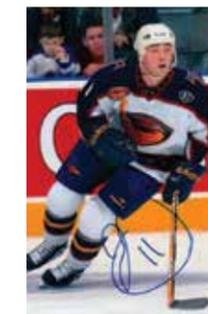
Monday-Friday 8:30 am – 4:30 pm Week of August 15 -19 **COST: \$375**

Group 1 (8-10 yrs.) Group 2 (10-12 yrs.)

Weeks of August 22 -26 & August 29 – September 2 **\$400/1 week or \$750/2 weeks**

Group 1 (7-8 yrs.) Group 2 (9-10 yrs.)
Group 3 (11-12 yrs.)

Sign up for a full day of hockey fun this summer designed by former NHLer J.P. Vigier and his team of instructors. The focus will be on powerskating, shooting and passing while on the ice two times per day.




Janice
Morley-Lecomte
SEINE RIVER

204-981-9206
info@janicemorleylecomte.ca
janicemorleylecomte.ca



REGISTER ONLINE: www.Dakotacc.com | FOR MORE INFO: jpvigier@dakotacc.com



Meet the Community Centre Staff

Erin Homewood,
Finance Manager

How long have you been at Dakota Community Centre?
This July will mark 16 years!

What were you up to prior to joining us?
I was at the Winnipeg Winter Club for 5 years prior to coming to Dakota Community Centre. I have always enjoyed working in recreation/sporting organizations.

What do you like best about working at Dakota Community Centre?
Definitely the people I work with. Rarely a day passes without a good laugh.

What is one thing about you that might surprise people?
Probably that working in numbers was the last thing I wanted to do, but my dad promised me I'd never be out of work if I went this route.

What do you like to do in your free time?
I love to golf, travel, spend time with my dog and family and volunteer at various wildlife/animal rescue organizations.



Breakfast with Santa a 'Sweet Success'!

A full gymnasium of children and their families from our community had the chance to spend quality time with their favorite duo in red and white during the Breakfast with Santa event on Saturday, December 12th at Dakota Community Centre.

The annual event was completely sold out a few days before, where nearly 300 people packed the Jonathan Toews Sportsplex Gymnasium and had the chance to eat and mingle with Santa & Mrs. Claus, as well as sing along with Winnipeg's-own children's entertainer, Jacques Chenier! All children went home with a special gift and big smiles!

Thank you to our event committee and volunteers!

A very special thanks to our 2015 Santa Breakfast Sponsors for your generous support!

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Landscape Interior Design, Pratts Food Service, Sobey's

Bronze Sponsors:

Councillor Janice Lukes, Councillor Brian Mayes, Home Run Sports, Electra Signs

Apply Now for the 2016 Scholarship Award

Youth who have demonstrated a strong commitment to Dakota Community Centre may be eligible to apply for the Dakota Community Centre Inc. Scholarship. Deadline for applications is March 31. See www.dakotacc.com for more information.

Space Rental at Dakota

Did you know that Dakota Community Centre is not only an ice rental facility? We have a gymnasium and a large hall that can accommodate socials, children birthday parties or large meetings. We also have two smaller meeting rooms that can accommodate 30 people each. Please call 254-1010 extension 200 for rates and availability.

Free Public Skating at Dakota -
check the website for dates and times.

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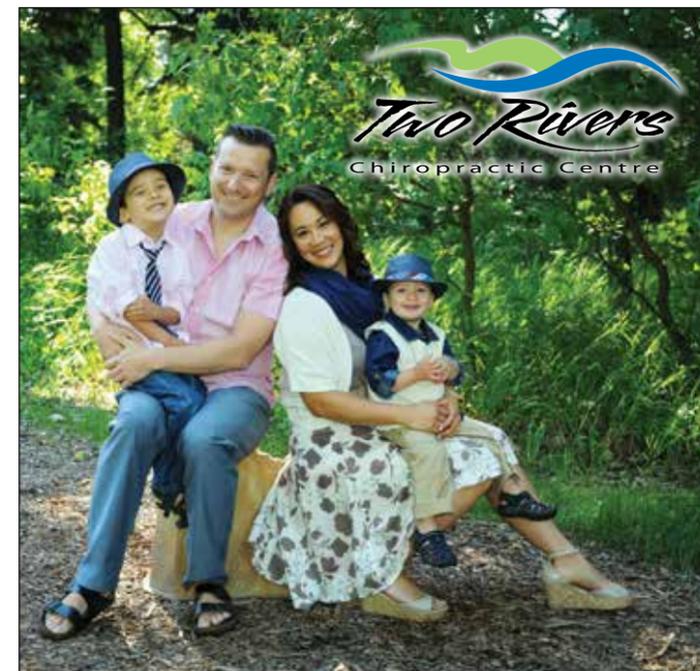
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Dakota Nursery School

Now Accepting Registrations

Dakota Nursery School program promotes the overall development of its students through discovery of ourselves and the environment we live and play in. Physical and social development is emphasized during free play. Many different play centers including sand play water play, home living, manipulative, puzzles, blocks construction and many art activities are available to the children. Emotional and intellectual development is stimulated through teacher directed activities which are designed to teach many preschool skills.

Visit our website for class schedules and times. Contact us at 204-256-4748 or www.dakotacc.com for class availability

Craft Sale

November 5 and 6th, 2016
Book your space now!

Online applications are available at www.dakotacc.com to book your space for our annual Craft Sale. Spots are filling up fast so get your application in quickly if you want a place at one of the largest community craft sales in Winnipeg!

Building Community



Christine Melnick
MLA for Riel
204-253-5162
ChristineMelnick.ca

Adult Hockey Leagues

Spring & Summer 2016

Make sure your team is registered in one of the largest and best adult leagues in the City!

- Spring Adult League**
- 12 games plus playoffs
 - season runs approx. April 25th-June 30
- Summer Adult Hockey League**
- 16 games plus playoffs
 - season runs approx June 30 - Sept 15
 - no Saturday or long weekend games (limited Friday games)

Contact League manager Anthony Knapp (204) 228-6614 or anthony@dakotacc.com for more information or to register!

4x4 Summer Youth Hockey League

July – August 2016

Jonathan Toews Sportsplex - Come Join - Fast Paced Exciting 4x4 Youth Hockey League!

Now Accepting Registrations

- No Saturday or long weekend games
Sunday games start after 4:30pm
- 12 games min, 3 – 17 minute run-time periods
 - Game officials are included in registration costs
 - Prime time hours
 - No body-checking
 - All penalties result in penalty shot
 - Slap Shots allowed
 - Team Jerseys
 - Team Registration cost - \$2300
 - Individual Registration cost - \$240

Registration: Team and Individual registration are acceptable. Contact Anthony Knapp @ anthony@dakotacc.com or (204) 254-1010 ext 201

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Programs for Older Adults

Dakota 55+ Lazars

"Aging in Place – Enhancing Mind, Body and Spirit"

Dakota 55+ Lazars Program offers many activities each week to increase connections between sports/recreation and health and, to provide an opportunity for older adults to become aware of resources available in their community. Whether you come to walk, skate, exercise or play games, we welcome you to join in the fun and fellowship that our programs offer!

Become a Dakota 55+ Lazars Member and enjoy the benefits!

All 55+ Program participants must have a valid membership (annual fee \$12). Most activities in the program also have a daily drop in fee of \$3.00 to \$4.00. Dakota 55+ Lazars Memberships are valid

September to August each year and, can be purchased by visiting Karen Irvine in the Bon-vital Council for Seniors Office, 2nd Floor, Jonathan Toews Sportsplex

**Group Fitness participants can purchase their 55+ membership online when purchasing their fitness pass*

The following activities are available to all Dakota 55+ Lazer members living within the Dakota Community Centre area.

- Mondays**
12:30 to 3:30pm Cribbage (Drop in fee \$3)
- Tuesdays**
9:30 & 11:30am Floor Curling – Contact Brian @ 204-253-9200
**Must register to be a spare or team member.*
10:00 to 11:30am Line Dancing – Beginners (Drop in fee \$4)
- Wednesdays**
12:30 to 3:30pm Whist (Drop in fee \$3)
- Thursdays**
9:30, 11:00am, 12:30 & 2:00pm - Floor Shuffle – contact Val @ 204-256-3342
**Must register to be a spare or team member*
1:00 to 4:00pm and 6:00 to 9:00pm - Craft Corner; Quilting, sewing, knitting, etc. New crafters are welcome. Come share ideas with fellow artisans. Ongoing workshops on craft ideas!

Group Fitness

More than 20 Group Fitness classes are available each week. (Yoga, Zumba, core strengthening, etc.) Many are geared for

55+ and offer a variety of Fitness Pass options to suit any schedule. Register at www.dakotacc.com

Outdoor Pickle ball

Outdoor courts available once the snow is gone! (Drop in fee \$4 or 3 month pass for \$50)

Lunch n' Learn For Older Adults

Lunch and learn sessions offer older adults an opportunity to gain knowledge and useful information on a specific topic over a two hour period.

Lunch is included, all sessions Noon–2p.m.

These sessions are offered free of charge in partnership with Youville Centre and Boni-Vital Council for Seniors

- February 24 – Cardiovascular Disease
- March 23rd – Chronic Pain and Arthritis
- April – Health Fair - more details coming!

Please Contact Karen at 204-254-1010, ext. 206 to register.

Boni-Vital Council for Seniors at Dakota Community Centre

The Boni-Vital Council for Seniors is a valuable resource and referral site for St. Boniface and St. Vital, located in the Jonathan Toews Sportsplex at Dakota Community Centre. ERIK packages (Emergency Response Information Kits) are available for pick up to help you in times of an emergency. Resource Coordinator, Karen Irvine is available to answer your questions. Call 204-255-6021.



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Dakota Community Centre | 1188 Dakota Street | Phone: 204-254-1010 ext 207

FOR MORE INFORMATION VISIT: www.dakotacc.com | QUESTIONS? Email: melissa@dakotacc.com



Dakota Baseball

Baseball season is around the corner and I'm looking forward to another fun and active baseball season! I want to express my appreciation to all the coaches, managers and volunteers from last season. Volunteers are crucial to the success of our program and we are grateful and thankful for your time and effort! Again this year we will need your help to ensure the program is run smoothly and effectively. Anyone wishing to become a new Baseball volunteer can contact me directly.

Keep checking the dakotacc.com and the baseball page for updated/new information for the upcoming season.

On the BoniVital Baseball front, the AAA & AA tryouts take place at the new U of W sports complex this year, from April 4th - 14th. More information will be shared on the BoniVital Baseball website.

Getting ready for the upcoming season? Check out Baseball Manitoba's website for info/links to winter/spring break camps.

Last but not least, another integral part of making baseball fun and successful is umpiring! We strongly encourage anyone 13yrs old or older to consider becoming a baseball umpire! BoniVital baseball will be holding umpiring clinics in our area prior to the start of the season – check the website or contact me for more details.

See you at a baseball diamond near you!!

Luc Jubinville
Dakota Baseball Director
baseball@dakotacc.com

Congratulations to Dakota's Ryann Bannerman, one of the goalie's with Team Canada, who won the World Ringette Championships in Helsinki, Finland in January!

Female Hockey Reaches Record Numbers!

Two all-female Timbit hockey teams were formed at Dakota Community Centre this year, with over 20 girls signing up to play! Over 50 girls are playing in the Female Novice league (7/8yr olds) with another 44 girls at the Female Atom level (9/10yr olds).

Anyone interested in trying female hockey please visit stvitalhockey.ca and signup for our spring 3v3 Novice and Atom development camps or email svmhafemalehockey@gmail.com for more information.

Message from the Hockey Director

This season Dakota Community Centre hosted 39 teams in all age groups and skill levels from 5 to 17 years of age. As I write this, all teams are in their second half of the winter hockey schedule and participating in tournaments all around the City, Province, Canada and even in the United States. Members of the Dakota Hockey committee wish all players, parents and volunteers the best of luck, safe travels, and best wishes in your upcoming playoffs.

We would also like to encourage all individuals interested in getting their child involved in hockey to contact myself or to stop by Dakota to talk to other hockey families, volunteers and staff. We are happy to answer any questions you that you may have. Play safe, have fun and remember- we do this for the kids!

Clifton Dorge
Dakota Hockey Director
hockeydirector@dakotacc.com

I bank with Casera because they invest in our community.

*Proud supporter of Dakota Community Centre / Jonathan Toews Sportsplex.
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