



Looking for **dementia resources** that challenge stigma, offer hope, and provide strategies to live well?

Visit www.forwardwithdementia.ca
to find resources for the South Asian,
Italian and Chinese communities!

Resources are available in English,
French, Punjabi, Italian, and
Traditional and Simplified Chinese.



Avancer : un guide pour vivre avec un trouble neurocognitif
Forward with Dementia: Un guida per convivere con la demenza
ਫਾਰਵਰਡ ਵਿਦ ਡਿਮੈਂਸ਼ੀਆ: ਡਿਮੈਂਸ਼ੀਆ ਨਾਲ ਰਹਿਣ ਲਈ ਗਾਈਡ
積極面對腦退化: 腦退化症患者生活指南
积极面对脑退化: 脑退化症患者生活指南