





## Fall 2024 / Winter 2025 Program Guide

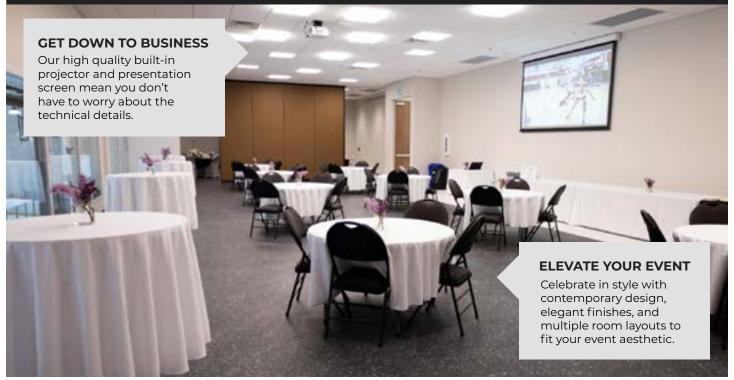




## HOST YOUR NEXT CELEBRATION OR MEETING IN THE NEW DAKOTA EVENT HALL



Ready to book? 204-254-1010 ext 215 | bookings@dakotacc.com



Find More Rental Information For The Dakota Event Hall On Page 6.

# — ST. VITAL —

1500 Dakota St. Winnipeg, MB - R2N 3Y7

Franchise locally owned and operated

# Message from the Chair & CEO

As another beautiful summer wraps up, we'd like to share with you some of the happenings at Dakota CC this past season, and share some of the exciting things coming this fall/winter in this, our bi-annual community magazine.

June was very busy month at Dakota as we hosted Grand Openings for both our newly renovated **Dakota Event Hall** and our **Outdoor Fitness Playground. Convocation week** June 24th- 27th saw nearly 6500 graduates, family and friends from 5 local high schools celebrate this milestone.

The **Dakota Event Hall** (formerly the Great Hall), hosted an Open House to give everyone a first look at our newly renovated space. This modern and fully accessible space features built-in A/V and moveable walls that allow multiple room size configurations for groups from 100 to 500. Attendees saw the adaptability of the space for meetings, classes, celebrations of life, wedding/ baby showers, as well as formal dinners or receptions. The **new catering menu** for Centre Ice Café's own Mashyn Family Food was launched at this opening, treating attendees to sample the delicious fare, including their muchloved Ukrainian delights!

Our **new Outdoor Fitness Playground**, was made possible with contributions from DCC and Government of Canada Community Revitalization Fund (CCRF). Located north of the Louis-Riel library, this playground is a unique addition to the campus and features several pieces of fitness equipment made specifically to appeal to children's desire for adventure, while providing them with age-appropriate challenges created to encourage climbing and jumping and improve strength, balance, agility, handeye coordination and problem solving.

We at DCC remain incredibly proud of the \$4.1 million in upgrades and improvements made to our centre over the past 18 months, including \$1.7m in arena/plant upgrades; \$850K maintenance/storage garage; \$1.2m in Great Hall Renovations (Dakota Event Hall); \$145k Outdoor Fitness Playground as well as nearly \$200K in improvements including new security cameras and other equipment. This level of reinvestment is unmatched in our City and it is only through our strong leadership and support of community and our donors that we can continue to bring the best facilities and programs to Dakota CC.

We are busy preparing for another fantastic fall and winter of programming and events. Beginning September 9 - 13, **Doors Open Dakota**, invites everyone to come try some programs at no cost. Our Annual **Dakota Community Family Fun Days**  and Winnipeg 150 Celebration will take place September 13 & 14, featuring 2 days of fun and entertainment for the whole family. Live stage entertainment, beer gardens, outdoor market, bouncers, games & more! Everyone is welcome and encouraged to attend this free fun family event! Our "NEW" annual Christmas Market has doubled in size with over 130 vendors and will be held the Dakota Fieldhouse November 2 & 3! Don't miss this great kickoff to the Holiday Season!

With my move to Past Chair following our upcoming **AGM on November 26**, I want to express my sincere gratitude for the opportunity to serve as DCC's Board Chair for the past 4 years. I'm very proud of all we have accomplished and grateful to work with the amazing staff and volunteers on our Board during my tenure.

We hope you enjoy this expanded issue of our news magazine and all that is available to you through our Centre this coming season. See you at Dakota Community Family Fun Days September 13 & 14!





2023 / 24 Board of Directors



Cory Shangreaux Vice Chair



Our Board of Directors are community volunteers who focus on governance and leadership, based on the Centre's <u>Vision</u>, <u>Mission</u> and <u>Values</u>.

Interested in serving on our board? Send your resume and cover letter to info@dakotacc.com or contact any current board member.

This year's Annual General Meeting is scheduled to take place on Tuesday November 26th. Call for nominations are due by Friday October 4th.













## **Around the Community Centre**

Recapping notable moments in 2024.

#### **Event Hall Grand Opening**

The newly renovated Dakota Event Hall was formally opened on June 11th as we welcomed the public to explore this new dynamic and modern space. Featuring a sampling of the new Centre Ice Café catering menu, the rooms were set up to display multiple configurations for meetings, showers, and formal events.







#### **Fitness Playground Grand Opening**

Our DCC campus is now home to a new community Fitness Playground, thanks in part to an investment through the Government of Canada Community Revitalization Fund. Completed this spring and officially opened June 21st, this new fitness playground adds an outdoor space for children and teens to improve their strength and coordination through play on the various pieces of equipment in the playground.







#### **Convocations**

June 24th to 27th was convocation week in the Dakota Fieldhouse. Over 700 students and 6,500 family and friends from Centre scolaire Léo-Rémillard, Collège Jeanne-Sauvé, Windsor Park Collegiate, Louis Riel Arts & Technology Centre and Collège Béliveau joined us for this magical week. Congratulations to all the graduates!







## **Upcoming Events**

Check out what's on the horizon!















#### **Doors Open Dakota**

**Date:** September 9 - 13

See page 7 for more information.

#### **Dakota Community Family Fun Days**

Date: September 13 and 14

**Time:** 4 p.m. - 10 p.m. (Fri) & 10 a.m. - 10 p.m. (Sat)

See front cover for more information.

#### Night at the Movies

Halloween Howl: October 18 Christmas Movie: December 20

Time: 6:00 p.m. Cost: \$2 per person

#### **Annual General Meeting**

**Date:** November 26 **Time:** 6 p.m. - 7 p.m.

#### **Christmas Market**

Date: November 2 and 3

Time: 10 a.m. - 6 p.m. (Sat) & 10 a.m. - 4 p.m. (Sun)

Cost: \$5 per person

#### **Skate with Santa & Friends**

**Date:** December 21 **Time:** 10 a.m. - 2 p.m. **Cost:** \$2 per person

#### **Buddy Month**

Date: January 1 - 31

See page 7 for more information.

## **Sponsorship Opportunities**

Support our community and get noticed!

Help support one of our many community events while building your brand.

- Night at the Movies
- Dakota Family Fun Days
- Skate with Santa & Friends
- Pickleball Tournaments
- Public Skating and Stick & Puck
- And Many More

#### **NEW** Rent A Table

Looking for a space to promote your business or sell your non-consumable products?

Tables are now available for rent in our sportsplex lobby every Friday, Saturday and Sunday from September to June.

Rentals are \$50 per day and can be set up anytime between 8 a.m. and 8 p.m.



Check out our website for more details and for a list of upcoming events.



## **Reinvesting In Our Facilities**

Making our campus a better place.

At Dakota, we believe in reinvesting in our facilities and programs to continue on our mission of being a gathering place providing excellence in recreation and sports for everyone.

In the past 18 months, we have completed \$4.1 million in upgrades and new construction on the Dakota Community Centre campus.

Want to be a part of the all the great changes happening here at DCC? Donate today and help us continue to create an engaged, healthy, and vibrant community.

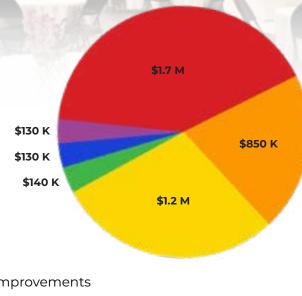
Total New Investments

\$4.1 Million

Over The Past 18 Months



- New Storage Garage
- Dakota Event Hall
- New Fitness Playground
- Other Facility Upgrades & Improvements
- New Sports, Recreation & Maintenance Equipment



## Help make a difference in our community.

We've partnered with Canada Helps to make donating a breeze. Click on the **DONATE** button on our website or scan the QR code to get started. Donate now and help us continue to create opportunities for our community to flourish!



### Centre Ice Café

Food made with love.

Stop by and try Winnipeg's best Ukrainian Food or enjoy some canteen favourites. Looking to place an order? Call Olha at 289-885-8283 or for more inquiries email cafe@dakotacc.com

- Pierogi, Pelmeni, Borscht, Cabbage Rolls & More
- Canteen Favourites: Fries, Chicken Fingers, Popcorn, Frozen Treats & Slushies
- Specialty Pre-order Menu Items
- Frozen Handmade Entrées
- Catering Options Available

Café Managed By:

Mashyn Family Food
Ukrainian Food Made With Love







Hosting An Event? We can help.

Find the Centre Ice Café Catering

Menu at dakotacc.com



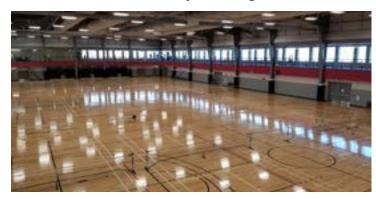
## **Event & Facility Rentals**

Facilities and equipment to meet your event needs.

#### **Dakota Fieldhouse**

#### **Court Rentals**

The 60,000 sqft. fully accessible Dakota Fieldhouse is available to rent in a variety of configurations.



#### **Rental Options Include:**

- Premium hardwood floor gymnasium:
  - ◆ 3 FIBA regulation Basketball courts
  - 3 Feature or 6 cross-court Volleyball courts
  - 12 Courts for Badminton or Pickleball

Book a basketball, volleyball, badminton or pickleball court.



#### **Health & Wellness Studio**

• 880 sqft. studio for dance, yoga or other classes.

Tournament and special event packages available! To book your next event at DCC contact Jared 204-254-1010 ext 215 | bookings@dakotacc.com

#### **Jonathan Toews Sportsplex**

#### Ice Rentals

Book one of our two indoor rinks for hockey, ringette, family or corporate events, or birthday parties online.

#### Book online using CatchCorner.



#### **Gymnasium Rentals**

The Sportsplex Gymnasium is perfect for:

- Fitness Classes
- Practices
- Parties
- Sporting Events

#### **Birthday Parties**

(Starting at \$299.99 +GST)

#### Package Includes:

- 2 hour Rental (set-up 15 minutes prior to start)
- ◆ 2 Inflatable Bouncers
- Sports Equipment
- Tables & Chairs Setup
- Maximum of 50 Guests



#### **Saturday & Sunday Timeslots Bookable Online:**

- ◆ 10:00 a.m. 12:00 p.m.
- ♦ 5:30 p.m. 7:30 p.m.
- ♦ 12:30 p.m. 2:30 p.m.
- 8:00 p.m. 10:00 p.m.
- ◆ 3:00 p.m. 5:00 p.m.

Alternate days and times available upon request.

#### Add Ons

- Food Packages (hotdogs & juice boxes)
- Kitchenette Space (fridge, bar, sink, microwave)



#### **Dakota Event Hall**

The perfect space for:

- Meetings
- Holiday Parties
- ◆ Bridal/Baby Showers
   ◆ Receptions
- Family Events/Dinners

#### Rates starting at:

- ◆ Room 1: \$75 +GST per hour (13m x 10m)
- Room 2: \$100 +GST per hour (19.5m x 10m)
- Room 3: \$75 +GST per hour (11.9m x 10m)
- Full Hall: \$240 +GST per hour (44.4m x 10m)

#### **Room Features:**

- Built-in Projector, Screen & Speakers
- Adaptable Layouts and Room Sizes
- Food Prep/Serving Space

#### Add-Ons:

- ◆ Kitchenette: \$50 +GST
- Bartenders (2): \$40/hour +GST
- ◆ Mobile Bar: \$30 +GST
- ◆ A/V: \$20 +GST

## **Fieldhouse Fitness Centre**

#### Your complete fitness solution.

Dakota CC provides a variety of amenities to help you achieve your health and fitness goals in a welcoming environment. Regardless of your age or fitness level, we have something for you!

#### **Facility Features:**

- 200m track with three lanes
- Cardio equipment (ellipticals, rower, bikes and step mill)
- Strength training equipment and free weights up to 70 lbs
- Functional training equipment (TRX, stability balls, BOSU, bands, medicine balls)
- Free orientation on all equipment available

#### **Need help with fitness equipment?**

For those interested in learning more about safe and proper fitness training, the DCC offers monthly *Intro* to *Resistance Training* and *Teen Fitness Orientation* classes.

#### **Doors Open Dakota**

#### September 9th - September 13th

DCC is once again opening its doors for Doors Open Dakota from Monday, September 9 to Friday, September 13. During the week, the public is encouraged to try out DCC programming and Fitness Centre, completely FREE!

#### You'll get a chance to try our:

- Fitness Centre
- Group Fitness Classes
- Pickleball Drop-In (Beginner, Intermediate & Advanced)
- Little Lazers
- ♦ 40+ Pick-up Hockey
- Stick & Puck/Ring

Space is limited in some programs and classes. Reserve a spot in advance by visiting our website or Customer Service. Some exceptions may apply.

#### **Fitness Centre Pass**

Access to Fieldhouse Fitness Centre and track.

	Drop-In	1 Month	3 Month	6 Month	12 Month
Youth/Senior/Student	\$9	\$40	\$99	\$149	\$210
Adult	\$9	\$45	\$115	\$185	\$240
Family	-	-	-	-	\$820

Pricing effective September 1, 2024. Prices subject to GST.

- ◆ Youth = 17 & under
- ♦ Adult = 18-59
- ◆ Senior = 60+
- Student = must present a valid school ID
- ◆ Family = maximum of two adults and two children/ dependents residing at the same household. Additional family members can be added for \$15 per family member.

An adult must accompany children/dependant at all times. Youth aged 12-15 may attend without adult supervision after completing a DCC Teen Fitness Orientation.



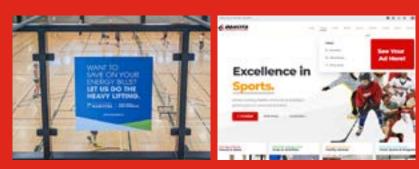
Visit Customer Service to Purchase Your Pass

#### **Buddy Month**

#### January 1st - January 31st

Buddy Month is back! Grab a buddy and come try Dakota CC out for FREE. If your Buddy purchases a 6-month or 12-month Fitness Centre Pass, each of you will receive an extra month added to your Fitness Centre Pass for FREE!

Two non-members are eligible to take advantage of Buddy Month for one (1) free visit each.



#### **New Advertising Opportunites Available!**

Our two-sided decals can be seen from the Fitness Centre & Fieldhouse. Be noticed by thousands of monthly visitors with linked ads on our website.

## **Group Fitness, Dance & Yoga**

Your journey to total wellness.

#### **Group Fitness, Dance & Yoga**

Participants can find a variety of classes to suit their interests, lifestyle, and fitness goals, along with a variety of class card options to accommodate their schedule and frequency of use.

#### 2024 - 2025 Group Fitness Pass

	Drop-In	5 Classes	10 Classes	20 Classes
General	\$11.50	\$58.00	\$105.00	\$200.00
Senior (60+)	\$10.00	\$48.00	\$91.00	\$174.00

Pricing effective September 1, 2024. Group Fitness Class Passes expire after 3 months (5 class pass), 6 months (10 class pass), and 12 months (20 class pass), respectively. Prices subject to GST.



Subscribe to our monthly newsletters to get the latest news & updates.

#### 2024-2025 Group Fitness Pass for Fitness Centre Pass Holders

As an added bonus for DCC Fitness Centre Pass Holders, we are now offering new reduced rates on Group Fitness, Yoga & Dance Class Cards to complement their Fitness Centre Pass.

#### **Group Fitness Classes**

#### **Fitness**

Barre

Cardio & Strength

Chair Cardio & Strength NEW

**Growing Stronger** 

HIIT NEW

Hi-Low Strength Total Body

#### **Dance**

Line Dance Level 1 Line Dance Level 2

Line Dance Level 3 COMING SOON

Zumba

#### Yoga

Chair Yoga Gentle Flow Yoga Restorative Yoga Restorative Yin Yoga Yin Yang Yoga Yoga Flow

Find full class descriptions on our website.



	Drop-In	5 Classes	10 Classes	20 Classes	50 Classes	100 Classes
General	\$10.00	\$51.00	\$91.00	\$174.00	\$417.00	\$800.00
Senior (60+)	\$9.00	\$42.00	\$80.00	\$152.00	\$363.00	\$696.00

Pricing effective September 1, 2024. Group Fitness Class Passes for Fitness Centre Pass Holders expire at the end of their current Fitness Centre Pass. Prices subject to GST.

#### Advertising At Dakota CC

Choose from our digital and print options or speak to us about creating a custom package for you.

- ◆ Rink Board and Wall Signs
- ◆ Fieldhouse Track Decals NEW
- ◆ Digital Advertising NEW WEBSITE
- Print Advertising





Contact lise@dakotacc.com for more info.

## **Adult Sessional Programs**

You're never too old to try something new.

#### Floor Curling

This modified version of curling is played indoors using rocks with bearings. Players use push sticks to deliver their stones allowing people of all abilities to play. We provide the equipment and no experience is necessary. Stay active, have fun and socialize.

◆ Tuesdays
 ◆ 9:30 a.m. - 1:30 p.m.

Session 1: October 1 - December 17

Session 2: January 7 - March 25

Cost: \$85 +GST

Registration Opens August 15th.

#### **Painting**

Through a multi-project approach, this class will help participants learn different acrylic painting techniques, colour theory and mixing, composition, image transfer, and much more! A great class for beginner or intermediate painters to develop the fundamental skills to create their own works of art.

◆ Thursdays◆ 1:00 p.m.

October 24 - December 12

Cost: \$150 +GST

Registration Opens August 15th.

#### Tai Chi

Explore your health and wellness through the gentle and restorative practices of Qigong and Taijiguan from the Yang family lineage of Tai Chi. Emphasis will be placed on alignment to develop strong balance and posture.

◆ Thursdays ◆ 2:00 p.m. - 3:00 p.m.

Session 1: September 12 - November 28

Session 2: January 9 - March 27

Cost: \$110 +GST

Registration Opens August 15th.

#### **Digital Literacy**

Enter the digital world! Learn how to edit documents and complete online forms, store information on the internet, send attachments and links through email, video conference with friends or loved ones, make online purchases safely, and protect yourself from online scams.

◆ Fridays ◆ 10:00 a.m. - 12:00 p.m.

September 27- December 20

Cost: \$150 +GST

Registration Opens August 15th.



## Adult Sessional Programs (Cont.)

You're never too old to try something new.

#### **Resistance Training**

Come learn the fundamentals of resistance training including proper form, correct posture and appropriate intensity based on fitness levels and goals. Participants will be introduced to selectorized equipment, dumbbells and body weight exercies each week. This program will help people new to resistance training feel more confident using the equipment so they can safely expand their work-out options.

- ◆ Wednesdays
   ◆ 10:00 a.m. 11:00 a.m.
- September 4-25
- October 2 -23
- Check our website for more sessions.

**Cost:** \$65 +GST

Registration Opens August 15th.

#### **Golf Swing Basics**

Snow Birds, get ready fore golf season! In this four-week series, led by Barry Gibson, a PGA Canada Golf Professional, you will learn the fundamentals of the golf swing including: correct setup, posture, proper sequence of motion, error correction for swing faults, and easy to implement practice drills. This series, designed and delivered by Over50Golf, is geared to the mature adult golfer and is appropriate for all skill levels.

- ◆ Wednesdays ◆ 1:15 p.m. 2:45 p.m.
- October 30 November 20

Cost: \$170 +GST

Registration Opens August 15th.

## **Senior Resource Finder**

DCC is your community resource finder for adults 55+ who need help connecting with support programs and services. **Call (204) 254-1010** or **visit seniors.dakotacc.com** to find out more.



## **Pickleball**

**Drive. Drop. Dink. Repeat.** 

Stay active, socialize with friends, and challenge yourself. Whether you are looking for a new hobby, a competitive game, or a family activity, pickleball is a great choice for everyone!

#### **Drop-In Pickleball**

To reserve your spot for drop-in, please use SignUp at **pickleball.dakotacc.com** 

#### Novice, Intermediate, and Advanced Players

- ◆ Monday Friday ◆ 7:30 a.m. 2:00 p.m.
- Ranked time slots change daily

#### **Open Play Pickleball**

- Monday, Wednesday & Friday
- ◆ 2:00 p.m. 4:00 p.m.
   ◆ No sign-up required

Please note: schedule is subject to change due to special events, etc.

#### Pickleball Drop-In/Open Play Passes

Drop-In	10 Passes	30 Passes	50 Passes
\$8.50	\$75	\$195	\$275

Pricing effective September 1, 2024. Pickleball passes expire after 3 months (10 passes), 6 months (30 passes), and 12 months (50 passes), respectively. Prices subject to GST.



#### **Learn To Play Pickleball**

Sessional classes for all skill levels! From beginners learning the fundamental skills, to tournament veterans developing their technique.

- Learn To Play Pickleball Beginner
- Learn To Play Pickleball Intermediate
- Learn To Play Pickleball Advanced

**Cost:** \$100 +GST

Registration Opens August 15th.



#### **Reserve A Court!**

DCC offers the most indoor courts in Manitoba. Visit our website to reserve a court for you and your friends.



#### Spring Smash Pickleball Tournament

Save The Date - April 12th - April 14th, 2025

Get your paddles ready and join us for DCC's annual Pickleball Tournament. Registration opens in February.

#### Pickleball Flex Ladder

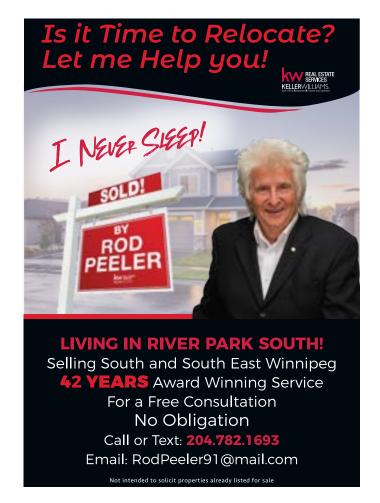
Ladders are a great way to have fun while playing competitive matches! DUPR Ladder is a volunteer managed group. Email **dakotapickleball@gmail.com** for more information.

#### Women's DUPR Ladder

◆ Tuesdays ◆ 2:15 p.m. - 4:15 p.m.

#### **Mixed DUPR Ladder**

◆ Thursdays ◆ 2:15 p.m. - 4:15 p.m.



## **DCC Scholarships**

Investing in our future.

#### 2024 DCC Scholarship Recipients

Congratulations to Reegan Aitkens, Paige Fontaine and Laura Melizza (Collège Jeanne-Sauvé) and Faith Moritz, Grace Farinde and Selena Ferrufino (Dakota Collegiate), on being this year's recipients of the Dakota Community Centre Scholarship Award.

Pictured at right: scholarship recipient Laura Melizza with DCC Board Member Sharan Tappia



#### Apply for DCC's 2025 Scholarship Awards

We're proud to offer \$500 Scholarships annually to qualified youth who have demonstrated a strong commitment to the Dakota Community Centre. Instructions on how to apply available at **dakotacc.com**. **Submission deadline is March 31.** 





# Thank You!

To all of our wonderful volunteers.

On behalf of everyone at the Dakota Community Centre, we want to say a heartfelt thank you for all that you do. Your kindness and generosity are truly appreciated!





Join our volunteer family! Head to dakotacc.com to learn more.



## **Adult Hockey Programs**

Lace up your skates and hit the ice.

#### Fall/Winter Adult Hockey League

For over 25 years the DAHL has worked to create a premier hockey experience that prioritizes safety and fun for all participants. We are committed to providing a structured and competitive league that emphasizes player well-being, fair play, respect and integrity on and off the ice. With the best price per game in the city and perks such as flexible scheduling, free agent registration, league events and late game pizza, join the DAHL today and see why we're the premier choice for adult hockey enthusiasts!

Registration Closes August 29<sup>th</sup> Season Starts September 16<sup>th</sup>

**Team Registration:** \$8,460 +GST (\$1,000 Deposit) **Free Agent Registration:** \$550 +GST (\$100 Deposit)

Visit dakotacc.com for more information.



#### **Adults 40+ Pick-up Hockey**

Adult pick-up offers a stick time session exclusively for adults. Participants can use this time as an opportunity to play a friendly game of pick-up or work on skill development.

- ◆ Wednesdays
   ◆ 12:00 p.m. 1:00 p.m.
- September June

**Cost:** \$5 + GST



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## ROBERTSON SHYPIT SOBLE WOOD LAWYERS & NOTARIES ——

202 - 1555 St. Mary's Road Winnipeg, Manitoba - R2M 5L9

The Law Office of Robertson Shypit Soble Wood handles more real estate transactions than any other law firm in Manitoba.

#### Tyler Riel | *Director, Hockey & Ice Programs*



We are excited to share that Tyler Riel has accepted the new position of Director, Hockey & Ice Programs. As part of our Senior Management Team, Tyler will be responsible for planning and managing the utilization of our ice sheets. His role will also include developing, managing, overseeing and, at times directly delivering, all aspects of ice programming for our Centre.

As part of this transition **Riel Hockey Development** will be merging with **Dakota Hockey Development Programs** under the new name of **Lazers Hockey Club**. We look forward to watching our hockey and ice programs grow under Tyler's guidance.

# Lazers Edge Skate Shop & Skate Sharpening Drop-Off Service

From accesories to skate sharpening, we've got you covered. Try out our skate drop-off service at the Fieldhouse when we're closed. **Pick them up on your next visit, sharpened and ready to go!** 



## **Hockey Development Programs**

The coolest way to get active and stay fit.

#### **Fall Hockey Development Camp**

Get ready for your best season yet! Lazers Hockey Club instructors will get you ready for the upcoming season by working on speed, agility, passing, and shooting in a safe and fun environment.

#### September 3<sup>rd</sup> – October 3<sup>rd</sup>

◆ 1 Hour Sessions ◆ Bring all equipment, stick & water bottle

**Cost:** \$275

	September 4, 10, 12, 18, 24, 26	October 2
U7 & U9	4:50 p.m.	6:00 p.m.
U7 & U9 #2	6:00 p.m.	7:10 p.m.
Female U15 & U18	7:10 p.m.	8:20 p.m.

	September 3, 5, 11, 17, 19, 25	October 1, 3
U11	4:50 p.m.	6:00 p.m.
U13	6:00 p.m.	7:10 p.m.
U15 & U18	7:10 p.m.	8:20 p.m.





## – BUYING OR SELLING A HOME?



## **Drop-In Skating Programs**

Public Skating Cost: Free

Registration Required Helmets strongly recommended for all ages; required for skaters under age of 16.



Stick and Puck/Ring Cost: \$5

Registration Required Limited space. Helmets mandatory.





## Little Lazers - Lil' Sports (Ages 2-3)

Fun & excitement await you at DCC.

#### Lil' Sports

- ◆ Ages: 2-3 ◆ 8 Week Sessions
- One 50-Minute Class Per Week
- Registration Opens August 15th

#### Lil' Soccer

Tiny feet, big dreams... Start them off on the right foot! Introduction to fundamental movement skills, body awareness, coordination, and soccer activities with a focus on learning and fun. Parent involvement is encouraged!

#### Lil' Soccer 1

- Sundays at 9:00 a.m.
- ◆ Fall Session: October 20<sup>th</sup> December 8<sup>th</sup>
- ♦ Winter Session: January 19th March 9th

#### Lil' Soccer 2

- ◆ Thursdays at 5:00 p.m.
- Fall Session: October 17<sup>th</sup> December 12<sup>th</sup> (No class October 31<sup>st</sup>)
- Winter Session: January 16th March 6th

**Cost:** \$65

TERRY DUGUID  Member of Parliament Winnipeg South
Proudly representing Dakota Community Centre and the Winnipeg South Community
204-984-6787 terry.duguid@parl.gc.ca 80-2855 Pembina Hwy.

	Program	Time	
Tuesday	Lil' Movers 2	5:00 p.m.	
Thursday	Lil' Soccer 2	5:00 p.m.	
Saturday	Lil' Movers 1	9:00 a.m.	
Sunday	Lil' Soccer 1	9:00 a.m.	

#### Lil' Movers

For littles on the move! Build confidence with an introduction to fundamental movement skills and body awareness. Through fun, games, activities, and an introduction to "tumbling;" participants will explore balance, coordination, and movement through space. Parent involvement is encouraged!

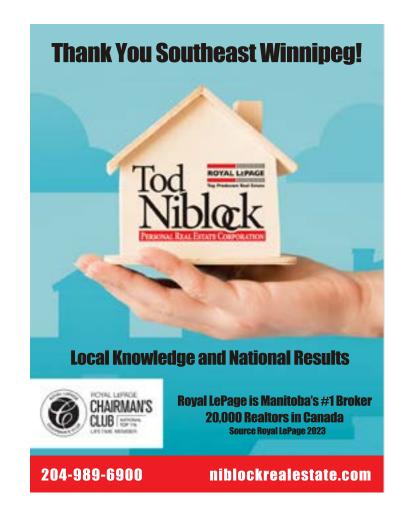
#### Lil' Movers 1

- ◆ Saturdays at 9:00 a.m.
- Fall Session: October 19th December 7th
- ◆ Winter Session: January 18th March 8th

#### Lil' Movers 2

- ◆ Tuesdays at 5:00 p.m.
- Fall Session: October 15th December 5th
- ◆ Winter Session: January 14th March 4th

**Cost:** \$65



## Little Lazers - Mini Sports (Ages 4-5)

Fun & excitement await you at DCC.

#### **Mini Sports**

- ◆ Ages: 4-5 ◆ 8 Week Sessions
- ◆ Two 50-Minute Classes Per Week
- Registration Opens August 15th

	Program	Time	
Monday	Mini Soccer 1	5:00 p.m.	
Tuesday	Mini Multi Sport	6:00 p.m.	
Wednesday	Mini Soccer 2	5:00 p.m.	
Thursday	Mini Multi Sport	6:00 p.m.	
Saturday	Mini Soccer 1	10:00 a.m.	
Sunday	Mini Soccer 2	10:00 a.m.	

#### **Mini Multi Sport**

Why limit the fun and learning to one sport?! Each week kids will try a new sport or activity in an inclusive environment with a focus on teamwork, movement, and skill exploration. Learn new physical and social skills, and gain confidence in activity through exploration and fun!

#### Mini Multi Sport

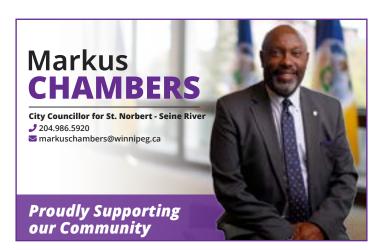
- ◆ Tuesdays & Thursdays at 6:00 p.m.
- ◆ Fall Session: October 15<sup>th</sup> December 9<sup>th</sup> (No class October 31<sup>st</sup>)
- Winter Session: January 14th March 6th

Cost: \$130

## Visit dakotacc.com for more information.







#### **Mini Soccer**

Learn to play and love soccer! A combination of introductory movement activities, soccer drills, and game play helps kids develop agility, coordination, and balance. Focus will be on learning and fun.

#### Mini Soccer 1

- Mondays at 5:00 p.m. & Saturdays at 10:00 a.m.
- ◆ Fall Session: October 19<sup>th</sup> December 14<sup>th</sup> (No class November 11<sup>th</sup>)
- Winter Session: January 13<sup>th</sup> March 10<sup>th</sup> (No class February 17<sup>th</sup>)

#### Mini Soccer 2

- Wednesdays at 5:00 p.m. & Sundays at 10:00 a.m.
- ◆ Fall Session: October 16th December 8th
- ◆ Winter Session: January 15th March 7th

**Cost:** \$130

## Looking for more youth sport registration info?

Visit our website for information on various youth sport registration offered by organizations in the community.



#### MESSAGE FROM CITY COUNCILLOR MARKUS CHAMBERS

Celebrate Winnipeg's 150th Anniversary at Dakota Days!

In 2024, Winnipeg marks 150 years as a City, recognized on January 19th, the anniversary of the first Council meeting. This milestone is a unique opportunity to reflect on our past and look ahead to our future.

Our office is partnering with the Dakota Community Centre on September 14 of Dakota Days, to mark this historic milestone with exciting activities, live music, interactive booths, food trucks, and a special time capsule ceremony.

We only get one chance to celebrate Winnipeg 150, so come out and enjoy all the festivities throughout the year!



DAKOTA DAYS
SEPTEMBER 13: 4PM - 10PM
SEPTEMBER 14: 10AM - 10PM



FOR MORE DETAILS, PLEASE CONTACT OUR OFFICE AT 204-986-5920 OR EMAIL MARKUSCHAMBERS@WINNIPEG.CA

## Little Lazers - Junior Sports (Ages 6-8)

Fun & excitement await you at DCC.

#### **Junior Sports**

- ◆ Ages: 6-8 ♦ 8 Week Sessions
- ◆ Two 50-Minute Classes Per Week
- Registration Opens August 15th

	Program	Time
Monday	Junior Soccer 1	6:00 p.m.
Monday	Junior Basketball	7:00 p.m.
Tuesday	Junior Multi Sport	7:00 p.m.
Wednesday	Junior Soccer 2	6:00 p.m.
	Junior Basketball	7:00 p.m.
Thursday	Junior Multi Sport	7:00 p.m.
Saturday	Junior Soccer 1	11:00 a.m.
Sunday	Junior Soccer 2	11:00 a.m.

#### **Junior Soccer**

Have a ball! Kids will enjoy soccer drills and active games to develop agility, coordination, balance, and build on their soccer skills. Part of each class will provide the opportunity to put what they are learning into practice with a game.

#### **Junior Soccer 1**

- Mondays at 6:00 p.m. & Saturdays at 11:00 a.m.
- Fall Session: October 19th December 14th (No class November 11th)
- Winter Session: January 13th March 10th (No class February 17th)

#### **Junior Soccer 2**

- Wednesdays at 6:00 p.m. & Sundays at 11:00 a.m.
- Fall Session: October 16th December 8th
- ♦ Winter Session: January 15th March 7th

Cost: \$130

#### Junior Basketball

Bring on the swish! Basketball drills and active games help to develop agility, coordination, balance, and basic basketball skills. Kids will play the game in various formats, where they will have the opportunity to put what they are learning into practice.

#### **Junior Basketball**

- Mondays & Wednesdays at 7:00 p.m.
- (No class November 11th)
- Winter Session: January 13th March 10th (No class February 17th)

Cost: \$130

#### ◆ Fall Session: October 16th – December 11th

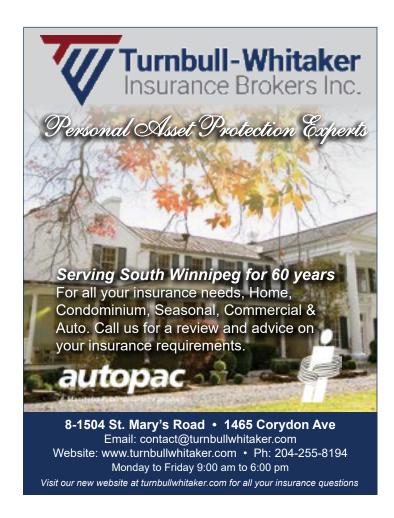
#### **Junior Multi Sport**

Let the games begin! Discover the joy of sports in our program designed to spark curiosity and ignite a love for movement. From pickleball to badminton, and floor curling to volleyball, young athletes will embark on a journey, trying their hand at various activities.

#### **Junior Multi Sport**

- Tuesdays & Thursdays at 7:00 p.m.
- ◆ Fall Session: October 15th December 8th (No class October 31st)
- Winter Session: January 14th March 6th

Cost: \$130



## **Winter Break Camps**

Choose your own adventure.

Join us during winter break for five days of sports, arts and games for children ages 6 - 11 years old.

**Time:** 12:00 p.m. - 5:00 p.m.

**Cost:** \$40 Per Day | \$160 For All 5 Days

Registration Opens November 15th.

#### **Camp Activities Schedule**

Monday Dec 23: Winter Wonder Art-land Winter Arts & Crafts with game breaks in between.

**Friday Dec 27:** Weathering the Sports

Hockey, floor curling, and more fun winter activities.

Monday Dec 30: Jingle Ball Rock The 5D's of dodgeball themed fun.

**Thursday Jan 2:** *Crafting a New Year* Winter themed crafts and games.

**Friday Jan 3:** New Year's Sport Resolution Multi-sport and winter themed activities.



November 2+3, 2024

146 Booths • 30,000sq ft. Food + Drinks • Coat Check Live Music • Free Parking





Scan QR Code to View Vendor List



## **Nursery School Program**

Get ready for kindergarten.

Our play-based program promotes overall growth and fosters a safe and inclusive space for all children. It is a great first step on their educational journey, as they learn and grow on the pathway to kindergarten!

As LRSD transitions to all-day kindergarten, Dakota Nursery School is the perfect stepping stone on their educational journey, fostering emotional, physical, cognitive, creative and social learning and growth.

- 2 Days / Week (Tue & Thu Mornings)
- 2 Days / Week (Mon & Wed Afternoons)
- ◆ 3 Days / Week (Mon, Wed & Fri Mornings)

Enrollment for 2025-26 Opens February 1st, 2025.

Register at dakotacc.com or visit Customer Service!









## Sage Creek is a trailblazing community bursting with energy and life.

**EVERYTHING YOU WANT IN A NEW HOME** Whether you are looking for a front driveway, a rear lane, a duplex, a condo or a custom build, consistent quality is the hallmark here, evident in the contemporary designs, lasting materials, new technology and attention to detail.

**EVERYTHING YOU NEED NEARBY** A network of paths and trails throughout the community connects you to Sage Creek's Village Centre – offering a growing list of shopping, dining, fitness and professional services – all just minutes from home.

EXPLORE BUILDING NEW IN SAGE CREEK - IT'S FULL OF POSSIBILITIES.

#### **VISIT A SHOW HOME TODAY!**

Show Homes open year-round. For hours and information, please visit **sagecreek.ca**.

