

Cardio & Strength Fitness Instructor
Mondays @ 11:30am – 12:30pm

Dakota Community Center
1188 Dakota Street
Wpg. MB, R2N 3H4
andrew@dakotacc.com

Position Requires:

- The ability to teach high intensity exercise classes.
- 1+ years of fitness instructor experience.
- Manitoba Fitness Council Certification.
- Up to Date CPR & First Aid.
- Energetic and outgoing fitness and health enthusiast.
- That you either hold your MFC Active Older Adult Certification or are able to modify exercise to accommodate various mobility issues.
- Ability to Inspire and motivate participants to help them achieve their fitness goals.
- Understand either planned or free style aerobics choreography. Are able to simplify choreography to the level of the participants.
- Comfortable in front of people and enjoy creating a positive high energy atmosphere.

This is a contract position. You will be paid a rate per class on a monthly basis.

Please send your cover letter and resume to the contact information provided above.

Thank you for your interest in teaching the Cardio & Strength Fitness Class at Dakota Community Center. We will contact you if you have been selected for an interview.